

SAFER, SMARTER SCHOOLS: SCOPE & SEQUENCE

SAFER, SMARTER KIDS!

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Lesson 8
Kindergarten	The Importance of Safety Rules • Safety Rules • Safety Stop Sign • I Mean Business Voice • <i>*Understanding Safe and Unsafe Situations</i> • <i>*Using I Mean Business Voice to Stay Safe</i>	Establishing a Trusted Triangle • Strangers • Grown-Up Buddies • Trusted Triangle • <i>*Characteristics of Safe Adults</i>	Think, Feel, Act • Think, Feel, Act • Guiding Voice • Heard and Helped • <i>*Using Think, Feel, Act and Guiding Voice to Make Safe Choices</i>	Safe and Unsafe Touches • Body Boundaries • Private Parts • <i>*Personal Space</i> • Safe and Unsafe Touches • <i>*Personal Safety</i> • <i>*Physical Safety</i>	Safe and Unsafe Secrets • <i>*Safe vs. Unsafe Secrets</i> • <i>*Identifying Unsafe Secrets</i> • <i>*Use of a Threat, Unsafe Promise, or Trick</i>	The Difference Between Tattling and Reporting • Tattling vs Reporting • <i>*Accessing Help</i>	N/A	N/A
First Grade	Safety Rules, Grown-Up Buddies, Trusted Triangle • Safety Rules • Grown-Up Buddies • Trusted Triangle • <i>*Characteristics of Safe Adults</i>	Safety Stop Sign and I Mean Business Voice • Safety Stop Sign • I Mean Business Voice • <i>*Using I Mean Business Voice to Stay Safe</i> • <i>*Identifying Unsafe Situations</i>	Guiding Voice and Think, Feel, Act • Guiding Voice • Think, Feel, Act • <i>*Using Think, Feel, Act and Guiding Voice to Make Safe Decisions</i>	Safe and Unsafe Touches • Safe and Unsafe Touches • <i>*Personal Safety</i> • <i>*Physical Safety</i> • <i>*Personal Boundary</i> • <i>*Body Boundary</i>	Safe and Unsafe Secrets • Safe and Unsafe Secrets • <i>*Identifying Unsafe Secrets and Unsafe Situations</i>	Tattling vs Reporting • Tattling vs Reporting • <i>*Accessing Help</i>	Strangers • Strangers • <i>*Reinforce Stranger Safety</i>	Review and Celebration • Safety Tools Review • <i>*Using Safety Tools to Understand Safe Choices</i>
Second Grade	Review of Safety Superstar Tools • Grown-Up Buddy • Trusted Triangle • Safety Stop Sign • I Mean Business Voice • Think, Feel, Act • Safety Barometer • <i>*Characteristics of Safe Adults</i> • <i>*Recognizing Unsafe Situations</i>	Being Aware of Your Surroundings • Awareness of Surroundings • Safety Goggles • <i>*Recognizing Safe and Unsafe Situations</i>	Making a P.L.A.N. • P.L.A.N. • <i>*Understanding the Elements of P.L.A.N.:</i> • <i>*Permission</i> • <i>*Location</i> • <i>*Activity</i> • <i>*Names and Numbers of Adults</i>	Safe and Unsafe Secrets • Safe and Unsafe Secrets • Secret Gauge • Think, Feel, Act • Trusted Triangle • I Mean Business Voice • <i>*Identifying Types of Unsafe Secrets- Threat, Promise, Trick</i>	Body Boundaries and Privacy • Body Boundaries and Privacy • Lock and Key Token • <i>*Privacy</i> • <i>*Personal Boundary</i> • <i>*Body Boundary Violation</i>	Safe Choices • Body Boundaries and Privacy • Safety Barometer Bullying • <i>*Privacy</i> • <i>*Safe Use of Digital Devices</i>	Cyber Safety • Cyber Safety • Guiding Voice • Cyber Citizen Learner's Permit • <i>*Safe Use of the Internet and Social Media</i>	Review of Safety Tools Gained for Personal Power • Safety Tools Review • <i>*Accessing Help</i>
Third Grade	Good Citizenship • Good Citizenship in our Community • Wrongdoing • Wrongdoer • Victim • Bystander • Safety NETWORK • Think, Feel, Act • <i>*Understanding Unsafe Situations</i> • <i>*Balance of Power</i>	Safety in the Digital Community • Digital Safety • Digital Community • Digital Citizen • Social Media • <i>*Making Safe Choices with Digital Devices and in Social Media</i> • <i>*Safe Use of Cameras and All Digital Devices</i>	Body Boundaries and Personal Space • Body Boundaries and Personal Space • Violation • <i>*Physical Safety</i> • <i>*Personal Safety</i>	Personal Power • Body Boundaries and Personal Space • Guiding Voice • Personal Power • <i>*Body Boundary</i> • <i>*Personal Boundary</i>	Safe and Unsafe Secrets • Unsafe Situation • Safe Secret • Unsafe Secret • <i>*Types of Unsafe Secrets: Threat, Unsafe Promise, Trick</i> • <i>*Privacy</i> • <i>*Body Boundary Violation</i> • <i>*Personal Boundary Violation</i>	Heard and Helped • Voice • Heard & Helped • <i>*Accessing Help</i>	N/A	N/A
Fourth Grade	Kids Bill of Rights • Kids Bill of Rights 1. Safety 2. Respect 3. Being Yourself 4. A Voice 5. Childhood • <i>*Right to Privacy</i>	Voice: The Right To Be Heard • Voice: The Right To Be Heard • Safety NETWORK • <i>*Personal Safety</i> • <i>*Physical Safety</i> • <i>*Balance of Power</i>	Respecting Boundaries • Respecting Boundaries • Body Boundaries • Voice • Reporting vs Tattling • Think, Feel, Act • <i>*Body Boundary Violation</i> • <i>*Personal Boundary Violation</i> • <i>*Types of Unsafe Secrets: Threat, Unsafe Promise, Trick</i>	Who You Are: The Right To Be Yourself • Being Yourself • <i>*Understanding Recruiting</i> • <i>*Resisting Pressure from Others</i> • <i>*Safe and Unsafe Relationships</i> • <i>*Making Safe Decisions on the Internet and in Social Media</i> • <i>*Safe Use of Digital Devices and Cameras</i>	The Responsibilities of Your Rights • The Responsibilities of Your Rights • <i>*Right to Safety</i> • <i>*Accessing Help</i>	N/A	N/A	N/A
Fifth Grade	Peer Pressure: Finding the Courage Within You • Peer Pressure-Finding the Courage Within You • <i>*Balance of Power</i> • <i>*Safe and Unsafe Relationships</i> • <i>*Safe Choices with Peers</i> • <i>*Understanding Recruiting</i>	Cyberbullying • Cyberbullying • Cyber P.L.A.N. • <i>*Safe Use of Cameras and Digital Devices</i> • <i>*Making Safe Decisions on the Internet and in Social Media</i>	Privacy • Privacy • Safety NETWORK • <i>*Personal Boundary</i> • <i>*Personal Boundary Violations</i>	Body Boundaries • Boundaries • Grooming • <i>*Body Boundary Violations</i> • <i>*Types of Unsafe Secrets: Threat, Unsafe Promise, Trick</i>	The Courage to Change • The Courage to Change • <i>*Accessing Help</i>	N/A	N/A	N/A

**italicized with an asterisk indicates Human Trafficking Prevention*

SAFER, SMARTER TEENS

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Lesson 8	Lesson 9	Lesson 10	Lesson 11	Lesson 12	Lesson 13
Middle School	Self Esteem & Personal Power	Acceptance: Body Boundaries, Sexual Pressure, Fitting In	Boundaries: Grooming, Secrets, Isolation, TFA	ACT-Ask, Care, Tell: Abuse, Disclosure, and Getting Help	Isolation: Technology, Safety, Cyber-grooming	SAFE: Seek Help, Trusted Adult, Face Your Fears, Energize Your Personal Power	Human Trafficking – Online Lesson – Recognition of human trafficking. Recognizing the risks of being targeted by a human trafficker. Understanding how human traffickers recruit and maintain control.	Mental Health: What is Health? – Understanding physical and mental health and wellbeing.	Mental Health: What is Mental Illness? – Understanding different mental states, causes of mental illness.	Mental Health: Awareness and Prevention – General information on mental illness symptoms and suicide prevention.	Mental Health: Seeking Help – Gaining awareness of the warning signs of mental health issues, the importance of seeking help, and how to seek help.	Mental Health: Wellbeing – Learning coping strategies to deal with stress, the importance of making healthy decisions.	Mental Health: Health Lifestyle Choices – Prevention of drugs, nicotine (smoking or vaping), and alcohol.
High School	Be the Change: Personal Rights and Responsibilities, Building Communication Skills	Healthy vs. Unhealthy Relationships, Self Esteem, Boundaries, Balance of Power	The Problem of Sexual Abuse, Grooming, Cyber Safety, Control: Force, Coercion, and Fraud	Dating Violence and Harassment, Flirting or Harassment, Confronting Sexual Harassment	Education and Advocacy in Action, Developing a Safety P.L.A.N.	Human Trafficking – Online Lesson – How human traffickers target victims. How human traffickers maintain control. Recognizing the outward signs of human trafficking in others. How to get help and report human trafficking.	Mental Health: What is Mental Health?	Mental Health: Understanding physical and mental health.	Mental Health: State of Mind – Understanding different mental states, including mental wellbeing, mental distress, mental health problems, and mental illness.	Mental Health: Seeking Help – Gaining awareness and understanding of the warning signs that signal a mental health concern, when to seek help, and how to seek help. Awareness of suicide risks and suicide prevention.	Mental Health: Addiction - Exploration of the reasons that teens try and use drugs, nicotine (smoking or vaping), and alcohol.	Mental Health: Wellbeing – Strategies to cope with stress, increase personal resilience, and make healthy decisions.	N/A

Bolded and italicized Middle and High School topics are concepts that fulfill DOE requirements for Human Trafficking and Mental Health education.